



SimNet

# REGIONAL SIMULATION AND HUMAN FACTORS PROJECT

NEWSLETTER  
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## SIM4MH

### SM4MH

Following three successful hybrid events, the Simulation4MentalHealth team designed a unique mental health simulation-based online education programme which was run on two occasions via MS Teams.

The painstakingly designed day, targeted towards a diverse audience: multi-agency professionals across the country, provided a unique opportunity for collaborative meaningful shared learning. Participants included police officers, Drs, Allied Health Professionals – including paramedics & occupational therapists, nurses, pharmacists, social workers, physician associates, and experts by lived experience.

This co-production involved the S4MH Fellows working with experts by lived experience of mental and physical health, including carers and service users, in design and faculty delivery, to achieve an authentic, holistic experience and was integral to S4MH ethos and the process of influencing change, tackling stigma, and growing empathy.

The S4MH Team received overwhelmingly positive feedback about the programmes, highlighting impact and value of working in faculty partnership with experts by lived experience, as well as the multi-agency collaborative learning approach. 100% of attendees would recommend the course to colleagues.

### Participants' Quotes

*'Extremely useful and gave me a different and more sympathetic attitude than I had before.'*

*'It was very interesting to be able to speak with so many different professionals from many sectors, as well as a really great opportunity to talk to the experts by lived experience.'*

*'Very worthwhile, well organised - facilitators kept the day flowing and encouraged participation.'*

*'We can learn so much from each other, and the expert patients allow for a very important part of learning about mental health.'*

*'I now have more empathy towards patients and knowing when to listen and respond to the feelings they may have in a crisis.'*

*'I will take a more holistic view when looking after people with MH disorders...'*

### Professor Ali Bokhari



We send our thanks and very best wishes to Ali, KSS County Dean for Kent, (and so much more) on stepping down and moving to a new role with Bromley Health Care. From before this project even began, Ali has been a source of impetus, wisdom, and unflagging generous guidance. Thank you!

# MEET THE TEAM

We would like to introduce you to our excellent team!



Prof Ali Bokhari is the associate dean at Health Education Kent Surrey and Sussex. He is the county Dean for Kent and leads the Simulation and Human factors project for KSS and is part of the Simulation initiative across the South East HEE region. He is a Paediatrician by background and Director of Clinical Education at Dartford and Gravesham NHS Trust.



Dr Sue Plummer is Director for the Institute of Medical Sciences and is the Campus Director for the Medway campus.



Andy Buttery is the Regional Simulation and Human Factors Project Lead, working to build a collaborative community of practice with specific objectives in Simulation for Mental Health (S4MH), Faculty Development in Simulation and Human Factors, and Simulated Patients/People (SNIPS).



Sarah Keeling-Smith started at the university as a Senior PA to the Pro Vice Chancellor in 2010 and then became a Project Administrator in 2013 for various EU Interreg Projects such as CASCADE and DWELL. She began working on the Regional Simulation and Human Factors Project in May 2021.



Isobel Clarke joined Canterbury Christ Church University in April 2021 as Clinical Fellow in Simulation for Mental Health responsible for design, delivery, and evaluation of the Sim4MentalHealth programme.



Lauren Philpott, also a Clinical Fellow with Isobel, is a registered children's nurse and clinical simulation facilitator with a keen interest in Mental Health

## ENGAGE WITH US





# NEWS HIGHLIGHTS

## HEE XR Development – HTC Vive VR Headsets pilot

### XR Hubs Pilot

XR Hubs are a lending library of augmented and virtual reality technology equipment and software applications, including content creation packs. Access is coordinated in conjunction with HEE regional office representatives. The XR Hub is currently in pilot phase and so access is mediated through the regional Simulation TEL leads and networks. Complete an expression of interest form to get involved in the South East or London. We continue to offer the chance to pilot for HEE SE the HTC Vive Headset.

### What is the XR Hub Pilot?

- Opportunity to try Headsets before you buy them and for us to test the logistics of sending them out supporting their deployment and getting them back.
- Phase 1 was a set of HoloLens 2 (Mixed Reality)
- Phase 2 is a set of HTC Vive Focus 3 (Wireless Virtual Reality)
- Phase 3 will be a set of RiVR Pico G2 4K (Wireless all in one classroom kits with a laptop)

#### Mixed Reality (MR)



Microsoft HoloLens 2  
20 packs of 5 devices  
Nationally

**Pilot in progress**

#### Virtual Reality (VR)



HTC VIVE Focus 3  
20 packs of 5 headsets  
Nationally

**ETA Imminently**

#### Virtual Reality (VR)



Pico G2 4K RiVR Kit  
7 packs of 20 headsets  
(classroom pack) Nationally

**ETA Late March**

#### Content Creation



Create 360° videos, etc  
20 packs plus 3 advanced packs  
Nationally

**TBC**

@NHS\_HealthEdEng

### iRIS Scenario Authoring Platform

We are excited to be working with iRIS and Jane Roome and Primary Care colleagues, in the development of a TinySim wizard specifically for primary care scenario authoring.

We continue to offer iRIS licences and remind you of the chance to take advantage and participate.





# iRIS

**Intuitive.  
Collaborative.**

Health Simulation Authoring Platform

## Dates for the diary

### January

Wednesday 11 – Official Opening, Advanced Procedural Skills Centre, Medway.

Friday 20 – Thames Valley / Wessex Simulation Conference, TBC.

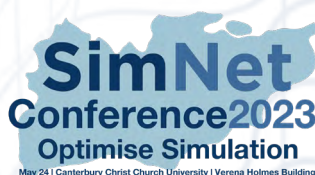
### February

Thursday 23 – Proposed SimNet and XR Roadshow.

Hosted by UH Sussex the roadshow showcases the range of Extended Reality (XR) / Immersive technology supported by HEE and offers hands-on tangible experience and provides a platform for dialogue to develop understanding of our needs as well as the current HEE offer. The Roadshow offers am and pm sessions. Our plan, TBC, is to offer those unable to attend a virtual attendance to the pm session combining with a truncated SimNet meeting.

### May

Wednesday 24th – SE Regional Simulation Conference, Verena Holmes Canterbury: “Optimise Simulation”  
This Second Conference will include Tuesday evening events.



### ASPiH Conference

Our National Association for Simulated Practice in Healthcare, ASPiH, hosts the National Conference, face-to-face, in Birmingham Mon 7 Tue 8 November, with Masterclasses on the Sunday, at the Birmingham Hilton Metropole. The very timely theme is “All Things Being Equitable” and the Programme is packed with excellent keynote speakers, exhibition, and attendee presentations, posters and workshops. We are delighted to report strong representation by colleagues from the South-East Region – well done all of you!